

Antenatal & Postnatal Physiotherapy

Conveniently located across the road
from Donvale Rehabilitation Hospital



Ramsay

health plus

ramsayhealthplus.com.au



Antenatal & Postnatal Physiotherapy

Ramsay Health Plus offers a physiotherapy service for expectant mothers and after pregnancy.

Our physiotherapists will work closely with you to manage:

- pregnancy-related back or pelvic girdle pain
- abdominal muscle separation
- breastfeeding-related spinal pain
- gestational diabetes

Physiotherapy can assist you to return to exercise post pregnancy and birth, or to maintain fitness during pregnancy and reduce your risk of pregnancy complications, such as gestational diabetes.

What you need to know

- No referral is required to come and see us, although you may like to discuss with your obstetrician or local doctor, prior to commencing the program.
- To make an enquiry or booking please call 9841 1204.
- Claimable through extras cover.

We happily accept GP Management Plans.

Ramsay Health Plus is conveniently located across the road from Donvale Rehabilitation Hospital

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