

The Ramsay Health Plus clinic is conveniently located across the road from Donvale Rehabilitation Hospital

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MR0024588 RHP DRH VOICE THERAPY SERVICES 4pp DL 0121

## Voice Therapy Services

At Ramsay Health Plus





## ramsayhealthplus.com.au

Many occupations can be very demanding on your voice, requiring constant voice use at high volume and over background noise. These occupations may include:

- Teachers
- Public speakers
- Sports coaches and fitness instructors
- Performers
- Lawyers and solicitors
- Therapists
- Auctioneers
- And many more

Overuse or misuse of voice can lead to problems such as reduced voice quality, reduced volume, reduced vocal endurance, and voice pathologies.

Speech Pathologists at Ramsay Health Plus are trained in voice treatment and can provide therapy to people with voice disorders. Therapy may include:

- Vocal hygiene education
- Relaxation techniques to reduce muscle tension
  impacting on voice
- Breath support techniques for voice
- Exercises and strategies to reduce vocal strain
- Techniques to improve voice quality
- Techniques to improve volume and projection of voice if indicated



## No referral is required

Depending on your insurance, the session may be claimable through your extras cover.

To make an enquiry or booking please call 9916 2402.

## Parking

There is parking available at Tunstall Square Shopping Centre.

