



**THE SOUTHPORT  
PRIVATE HOSPITAL**

The Ramsay Health Plus clinic is conveniently located at The Southport Private Hospital

The Southport Private Hospital  
21 Spendelove Avenue  
SOUTHPORT QLD 4215  
Ph: 07 5671 8342 / 5671 8340  
RHP.TSP@ramsayhealth.com.au  
[ramsayhealthplus.com.au](http://ramsayhealthplus.com.au)

**Women's Physiotherapy Located**

Within the Rehabilitation Gym  
Level 2, The Southport Private Hospital  
21 Spendelove Avenue  
Southport QLD 4215.



**Women's Health  
Physiotherapy Clinic**

Conveniently located at  
The Southport Private Hospital



MRO029076 TSPH RHP Women's Physiotherapy App DL



[ramsayhealthplus.com.au](http://ramsayhealthplus.com.au)

## What do we offer?

The Ramsay Health Plus clinic offers physiotherapy for women throughout the lifespan from pregnancy, postnatal, post-surgical and beyond. Services included at the RHP clinic include physiotherapy for:

- Pelvic girdle pain
- Back pain
- Pelvic floor dysfunction
- Incontinence
- Over active bladder
- Pelvic organ prolapse
- Abdominal separation
- Return to exercise post birth/surgery
- Post-surgical recovery advice
- Hydrotherapy

Hydrotherapy is wonderful for pelvic pain during pregnancy and can be a tool to help women ease back into exercise in the post-natal or post-surgery period.

Physiotherapy can improve many different issues and symptoms women experience. Our goal is to help women feel the best they can and participate in life to their full ability.

## How much does it cost?

<b>Initial consultation</b>	<b>60 minutes</b>	<b>\$150</b>
<b>Follow Up Consultation</b>	<b>45 minutes</b>	<b>\$120</b>
	<b>30 minutes</b>	<b>\$90</b>
<b>Hydrotherapy class</b>	<b>45 minutes</b>	<b>\$35</b>

We have a HICAPS machine on site so you are able to claim on your private health (if you have extras) after your appointment.

## Where are we?

The clinic is located:

Within the Rehabilitation Gym, Level 2,  
The Southport Private Hospital,  
21 Spendelove Avenue, Southport, 4215.

Street parking is available and there is also an outdoor carpark with a boom gate. The boom gate will automatically open for you. You will need to collect a token from the reception desk on your way out of the hospital to exit the carpark gate.

## How to book in

**Call 07 5671 8342**

Or email [rhp.tsp@ramsayhealth.com.au](mailto:rhp.tsp@ramsayhealth.com.au) and we can contact you to book your appointment

