

Osteopathy

In partnership with Donvale
Rehabilitation Hospital



Ramsay

health plus

[ramsayhealthplus.com.au](https://www.ramsayhealthplus.com.au)

Ramsay Health Plus Osteopathy

Osteopaths are university trained and government registered allied health practitioners who are trained to provide treatment and management of the musculoskeletal and nervous system.

At Ramsay Health Plus, our Osteopathic service uses a holistic approach to health care which aims to address various aspects of your well-being to give you the best chance to return to optimal health. Osteopaths may provide musculoskeletal and nervous system assessments, manual therapy, exercise advice and prescription, movement and postural advice and ergonomic assessments. They may also offer other therapeutic treatments such as dry needling and myofascial cupping.

Osteopaths will often provide you with advice and ongoing support with lifestyle, stress management and other factors which influence your pain. By utilising our osteopathic service, you can expect the highest level of care to get you back to doing what you love.

What you need to know

- No referral is needed to visit an Osteopath, although you are welcome to bring any correspondence from your GP/Specialist.
- Claimable through most extras cover, however it is a good idea to check with your insurance provider if Osteopathy is covered.
- We happily accept Chronic Disease Management plans.

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