

# Physiotherapy

In partnership with  
Donvale Rehabilitation Hospital



Ramsay

**health** plus

[ramsayhealthplus.com.au](https://ramsayhealthplus.com.au)

# Ramsay Health Plus Physiotherapy

Our team of physiotherapists are experts in providing high quality, individualised care based on scientific evidence for a wide range of conditions. Our team work closely with you to treat your pain and improve your ability to move and function effectively.

At Ramsay Health Plus, our physiotherapists want to help you return to the active lifestyle you enjoy. Our programs aim to improve and restore your level of health, function and fitness after surgery, illness or injury.

## Individual Physiotherapy

One to one sessions allow for your physiotherapist to conduct a highly individualised assessment and provide a treatment program tailored specifically for your needs.

## Group Physiotherapy Sessions

Group sessions are a great way to continue to work towards your individual goals in a small group setting under the supervision of a physiotherapist.

In both settings your physiotherapist will continually reassess your progress and advance your program as you work towards your goals.

## What you need to know

- No referral is required to come see us, although feel free to bring any correspondence from your GP / Specialist.
- Claimable through extras cover.
- We happily accept Chronic Disease Management plans.

### **Ramsay Health Plus Tunstall Square**

Shop 54 Tunstall Square Shopping Centre,  
Cnr Doncaster and Tunstall Road,  
Doncaster East VIC 3109  
P: (03) 9916 2402 F: (03) 9916 2403

### **Ramsay Health Plus Martin Street**

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